



**Mkapa Foundation**

Bringing HOPE to the underserved

## **MKAPA FOUNDATION PROFILE - 2022**



**FOR A HEALTHIER,  
MORE PROSPEROUS,  
INCLUSIVE AND RESILIENT SOCIETY**

## WHO WE ARE

The Benjamin William Mkapa Foundation is a Trust, a non-profit organization committed to building resilient and sustainable healthcare provision systems, particularly in underserved communities. The core mission of BMF is to supplement and complement the development efforts of the Government of the United Republic of Tanzania.

BMF was founded by the Former President of the United Republic of Tanzania, the Late Benjamin William Mkapa, to contribute to a healthier, more prosperous, inclusive, and resilient society.

We contribute to reduction of shortage of skilled health workers through evidence-based allocation of HRH. We also work with key stakeholders to develop, pilot and scaleup HRH financing options and facilitating through local solutions coverage of community health insurance to accelerate equity and access to health services.

### Our Vision

Healthy lives and well-being for all, in Tanzania and the rest of Africa

### Our Mission

To contribute towards attainment of better health outcomes through innovative health and related system solutions

More information and details about us can be found at the BMF website on [www.mkapafoundation.or.tz](http://www.mkapafoundation.or.tz)



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# STRATEGIC BUSINESS PLAN 2019 - 2024

## GOALS

01

Strengthened systems to accelerate the attainment of national UHC targets

- SO1:** Innovatively developed and sustained HR solutions for effective service delivery at all levels
- SO2:** Enhanced financial solutions to accelerate access to health and related services
- SO3:** Enhanced Leadership and Governance for quality health service delivery

02

Intensified use of evidence-based approaches for high impact interventions

- SO4:** Strengthened institutional and individual capacity for knowledge management and translation
- SO5:** Improved access to data and information for evidence based interventions with high impact
- SO6:** Adopted evidence-based approaches in health care delivery

03

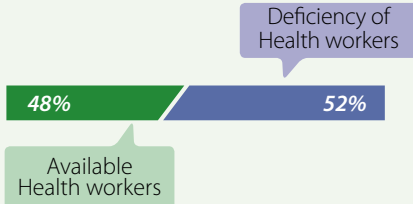
Enhanced Institutional Performance and Sustain BMF

- SO7:** Effective Operational Systems
- SO8:** Enhanced Oversight and Accountability
- SO9:** Improved Technical Excellence
- SO10:** Enhanced Strategic Partnerships and Sustainable Funding Base
- SO11:** Enhanced monitoring and evaluation systems and structure
- SO12:** Sustained Mkapa Legacy Initiative

## NATIONAL CHALLENGES

### HEALTH WORKFORCE

#### 1. SHORTAGE OF HEALTH WORKERS<sup>1</sup>






#### 2. DOCTOR PER POPULATION<sup>2</sup>



#### 3. DOCTORS ALLOCATION



KEY:

-  represents 1 doctor
-  represents 1000 patients
-  represents 500 patients

#### SOURCES:

<sup>1</sup> Human Resource for Health and Social Welfare Strategic Plan 2014-2019

<sup>2</sup> 2014 WHO Global Health Observatory Data Repository available at <http://apps.who.int/go/data/view.main.92100>

<sup>3</sup> Human Resource for Health and Social Welfare Country Profile 2013/14

### WOMEN AND CHILD HEALTH

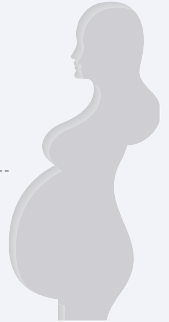
#### 1. EARLY SCHOOL PREGNANCY



**5,500** girls drop out of school every year due to pregnancy.<sup>4</sup>

#### 2. MATERNAL MORTALITY

**1** woman dies every **hour**<sup>5</sup>



#### SOURCES:

<sup>4</sup> <https://documents1.worldbank.org/curated/en/156101575034981091/pdf/Project-Information-Documents-Tanzania-Secondary-Education-Quality-Improvement-Project-SEQUIP-P170480.pdf>, Nov 26, 2019

<sup>5</sup> 2014 WHO Global Health Observatory Data Repository available at <http://apps.who.int/go/data/view.main.92100>

### CHILDHOOD STUNTING AND MALNUTRITION



of under-five children are stunted<sup>6</sup>



of newborns have low birth weight of less than 2.5kg<sup>7</sup>

#### SOURCES:

<sup>6</sup> Ministry of Health Annual Health Sector Performance Profile – 2020

<sup>7</sup> Health Sector Strategic Plan (HSSP V) July 2021 – June 2026



Population vaccinated with 1st dose

### UPTAKE OF COVID-19 VACCINE

Population vaccinated with 2nd dose

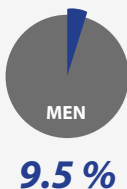
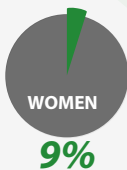


#### SOURCE:

<sup>8</sup> WHO COVID-19 Vaccination Monitoring & Evaluation Report – April 2022

## HEALTH INSURANCE COVERAGE

Insurance coverage/enrolment is at **14.7 % (8,224,271)** of the total population (this includes 8% covered by NHIF, **5.4%** through Improved Community Health Fund (iCHF), **0.3%** by Social Health Insurance Benefits under NSSF and **1%** by other private companies).<sup>9</sup> At least **47.7 Million (87.3%)** of Tanzanians have no health insurance.



SOURCES:  
<sup>9</sup>MOHCDGEC



## EPIDEMICS OF AIDS & TB

1. PEOPLE  
'INFECTED  
WITH HIV



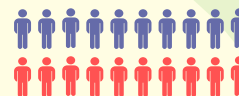
Out of **100** people, **5** are infected with **HIV**.<sup>10</sup>

2. ADOLESCENTS  
WITH HIV



Over **98,000** adolescents aged **10-19** are currently living with **HIV**.<sup>11</sup>


3. PEOPLE LIVING  
WITH HIV



Out of **100** people estimated to live with HIV, only **52** know their **HIV status**.<sup>12</sup>

4. PEOPLE LIVING  
WITH  
TUBERCULOSIS

For every **10,000 adult populations**, approximately **30** people are confirmed to have **Tuberculosis**.<sup>13</sup>

KEY:  represents 5 people

SOURCES:

<sup>10,11</sup> Tanzania HIV Impact Survey 2016-17

<sup>12</sup> UNICEF, HIV factsheet, 2017

<sup>13</sup> The First National Tuberculosis Prevalence Survey in the United Republic of Tanzania Final Report of 2013

# WHAT WE DO



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We focus on reaching the underserved and marginalized communities by designing and applying home-grown sustainable solutions to health challenges.

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We deploy innovative and result based programmes through strategic public and private partnerships.

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We are a trusted partner of the Government of the United Republic of Tanzania, Development Partners, Private sector, Civil Society Organizations, and the community.

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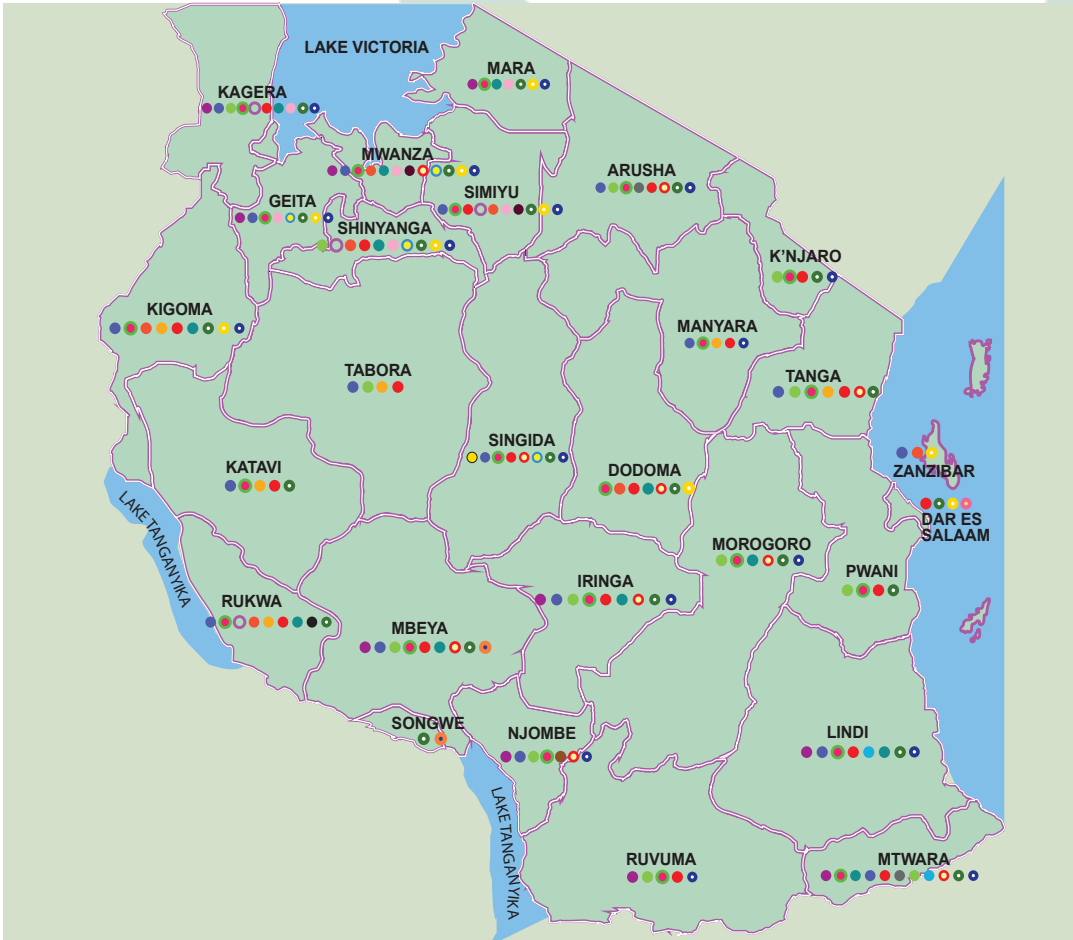
We are well guided by BMF 5 years Strategic Plan that aligns to National and Sustainable Development Goals frameworks development.

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We are prominent on enhancing health services delivery and systems strengthening with the niche on Human Resources for Health, Health infrastructure development, quality improvement, enhancing responsive community systems, policy and advocacy related activities as well as Institutional development.



# OUR PROGRAMME COVERAGE (2006-2022)



## PROJECTS

●	SINGIDA PROJECT 2009-2013
●	TANZANIA HUMAN RESOURCES PROJECT 2009-2013
●	MKAPA FELLOWS PROGRAM I 2006-2009
●	MKAPA FELLOWS PROGRAM II 2012-2017
●	MKAPA FELLOWS PROGRAM III 2018-2023
●	EMERGENCY HIRING PROJECT 2007-2010
●	HEALTH SYSTEMS STRENGTHENING - GLOBAL FUND ROUND 9 2011-2016
●	TB/HIV PROJECT 2015-2017
●	TB/HIV PROJECT 2018-2020
●	HSS ON MATERNAL NEWBORN AND CHILD HEALTH 2015-2017
●	PUBLIC SECTOR SYSTEMS STRENGTHENING 2015-2020
●	COMMUNITY HEALTH WORKER PROJECT 2015-2018

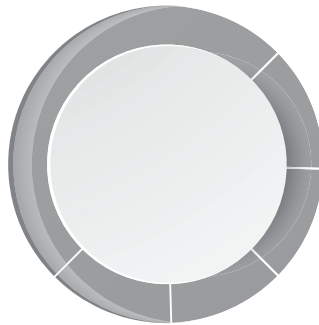
●	SITE IMPROVEMENT FOR MONITORING SYSTEM 2017-2018
●	USTAWI WA MWANAMKE PROJECT 2017-2020
●	THE ANAESTHESIA PROJECT 2017-2019
●	HOSPITAL LABORATORY STRENGTHENING 2011-2018
●	RESILIENT AND SUSTAINABLE SYSTEMS FOR HEALTH 2018-2020
●	KIPEPEO PROJECT -2020
●	DIRA PROJECT - 2019-2020
●	PAMBANA COVID 19 (FCDO): 2020 - 2021
●	PAMBANA NA KORONA TANZANIA PROJECT (UNFPA): 2020 - 2021
●	TOKOMEZA COVID 19 PROJECT (UNICEF) : 2020 - 2021
●	GRREAT Project (UNICEF): 2020 - 2021
●	USAID Afya Endelevu Project: 2020-2025
●	UNICEF MTWARA PROJECT: 2021 - 2022

## POPULATION REACHED THROUGH BMF INTERVENTIONS



**26,044,214**

**TOTAL POPULATION  
REACHED BY  
BMF SUPPORTED  
INTERVENTIONS**



**19,099,048**

POPULATION BENEFITED  
THROUGH BMF  
SUPPORTED HEALTH  
WORKERS RECRUITMENT  
INTERVENTIONS



**455,806**

POPULATION BENEFITED  
THROUGH OTHER BMF  
PRE & IN-SERVICE  
TRAININGS



**6,489,360**

POPULATION BENEFITED  
THROUGH BMF SUPPORTED  
COMMUNITY RECRUITMENT &  
DEPLOYMENT INTERVENTIONS







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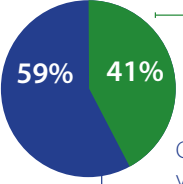


## BMF ACHIEVEMENTS

In 16 years, BMF milestones are registered from the complementarity and collaborative efforts made by the Government at the Central, Regional and Local Government authorities, Development Partners and Civil Society Organizations as follows:

### RECRUITING HEALTH WORKERS

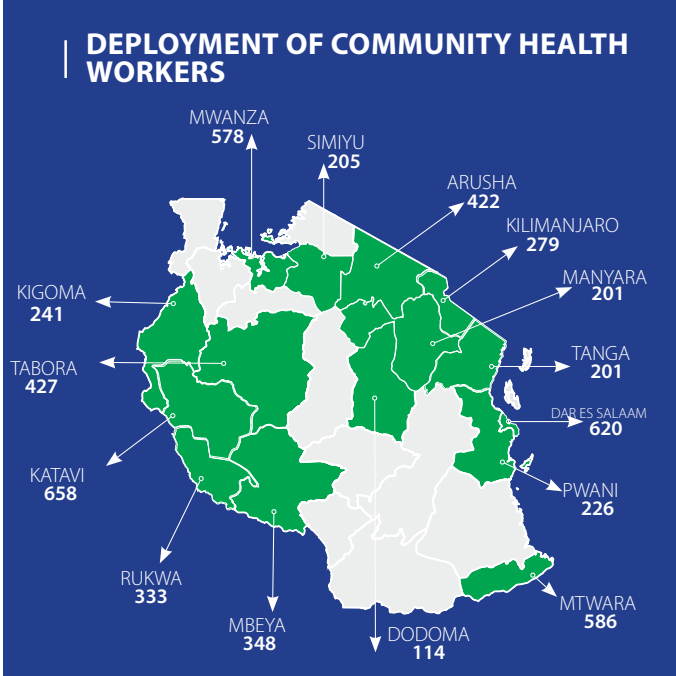
**10,041** Health Workers recruited including a total of **4,159** facility based health care workers of different cadres placed at the facility level and **5,882** community health workers placed in villages and ward level.



- 59% Facility-based health care workers with different cadres placed at the facility level
- 41% Community health workers placed in villages and street level

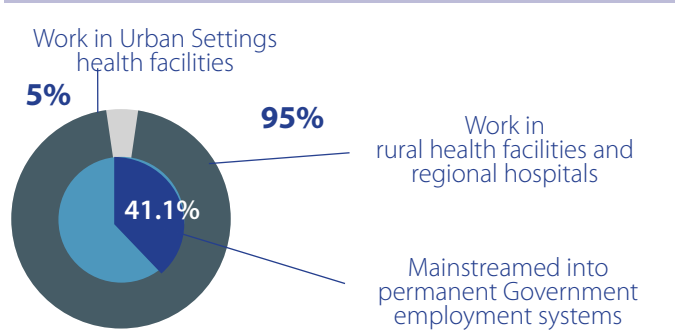
### ENHANCING NUTRITION STATUS IN MTWARA

- Through facility-led outreaches, **18558** under five children were assessed on their nutritional status
- Day to Day home visits made by CHWs enabled screening of **32,016** under-five children using the Mid-Upper-Arm-Circumference Measuring tapes for nutritional status.
- Health education was conducted on Nutrition importance to **34,170** people through Facility led outreach.
- Total **138** Severe Acute Malnutrition (SAM) were detected through Outreach and Home visits.
- This is an integrative initiative thus **21,558** and **40,781** under-five children were immunized with various childhood vaccines and received Vitamin A



### FAST-TRACKING HIRING AND DEPLOYMENT

Through different initiatives including the noble Mkapa Fellows Programme, we innovatively fast-tracked hiring and deployment of **4,159** health workers, of which **3,956** were retained to work in rural health facilities and regional hospitals to fill the high vacancy rate, followed by **42.1%** of them being mainstreamed into permanent Government employment systems.



## RAPID COVID-19 RESPONSE

To supplement the efforts of the Government of Tanzania in responding to the COVID-19 outbreak we deployed:

- 755 Health Care Workers in the Country (**195** placed at **26** port of entries and **560** placed at facilities in **24** regions)
- **3,992** Community Health Workers placed in **3,992** villages and wards



Over **6** million Tanzanian reached with

Health Education on COVID-19 through Community Health Volunteers

Over **25** million people reached with

COVID 19 vaccine messages and education through traditional and social media.

**42,241** people reached and were vaccinated with

COVID-19 Vaccine through facility-led integrated outreaches

Increased screening capacity and alert detection by **12** folds from 5 to 75 alerts per week) at the port of entries

more than certificates **10,000** verified per week)

Strengthened control of COVID-19 test certificates

**22** regions

supported with PPEs focusing on Health facilities, Port entries and CHW

# HEALTH INFRASTRUCTURE IMPROVEMENT

Staff houses constructed

**482** in **268** health facilities in **17** regions

Health facilities rehabilitation

**4** in **3** regions

Theatres constructed & equipped

**13** in **5** regions

COVID - 19 Isolation centres rehabilitated

**7** in **5** regions

Maternity wards constructions

**5** in **3** regions

Tuberculosis MRD Sites rehabilitation

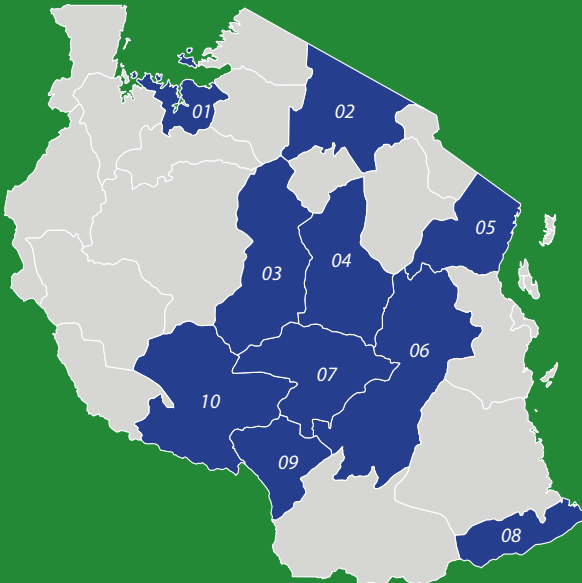
**13** in **13** regions

Diagnostic Sites rehabilitated

**13** in **13** regions



## MITIGATING EARLY SEX DEBUT AND UNWANTED PREGNANCIES



**01** MWANZA

**03** SINGIDA

**05** TANGA

**07** IRINGA

**09** NJOMBE

**02** ARUSHA

**04** DODOMA

**06** MOROGORO

**08** MTWARA

**10** MBEYA

**103**

SECONDARY SCHOOLS **REACHED**

**516**

SECONDARY SCHOOL TEACHERS **ENGAGED**

SECONDARY SCHOOL STUDENTS

TARGET — **45,000**

REACHED — **47,705**

AGYW & ABYM REACHED INDIRECTLY

TARGET — **7,000,000**

REACHED — **8,000,000**

## ENHANCEMENT OF INNOVATIVE APPROACH OF MANAGING AND MONITORING COMMUNITY BASED PROGRAM SERVICES

**3,552**

Out of **5,882** deployed CHWs, **3,552** were facilitated with mobile phone handsets and are using a mobile App known as CHAID (Community Health Assistants Information and Decision-Making Application) designed by BMF.

CHAID was developed to inform decision-making for the community to facility referrals and enable CHWs to provide health education at the household level.



## COMBINATION PREVENTION CAMPAIGNS AND COMMUNITY OUTREACH SERVICES



**600,000 +**

People provided with HIV testing and counselling services

**46,410 +**

Women provided with family planning services

**64,849**

Women screened for Cervical cancer

**3,139**

Men screened for Prostate cancer

**5,699**

Women screened for Breast cancer

**300,000**

People screened for TB

**2,100**

New TB cases notification

## SUPPORTING CONTINUOUS LEARNING

BMF has developed E-learning platform under Ministry of Health to support with the provision of continuous learning education. **34,357** HCWs have been trained through the system and **11,507** HCWs are currently under various training using the E- Learning platform.

## STUDENT SCHOLARSHIPS

**930 +**

Students from rural settings provided with scholarships to study Allied Health courses

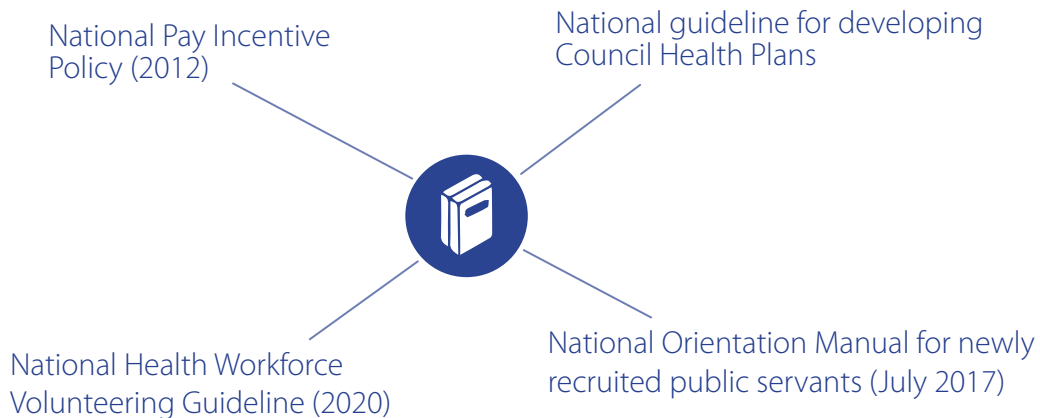
**PROVIDING INFORMATION AND EDUCATION ON IMPROVED COMMUNITY HEALTH FUND (ICHF) & GENDER BASED VIOLENCE (GBV)**

ICHF	GBV
<b>300,000+</b> Informed and educated on iCHF	<b>184,412</b> Informed and educated on GBV
<b>10,579</b> Families enrolled after the interventions	<b>2,894</b> GBV cases reported after the interventions

**IMPROVING TB CASE FINDINGS, DIAGNOSIS, AND TREATMENT**

To improve TB case findings, diagnosis, and treatment, BMF has trained approximately **720** community health volunteers including Traditional Healers, ex-TB patients, Accredited Drug Dispensing Outlets, Treatment's supporters, as well as **200** sputum fixers on identification of TB cases, sputum fixations, sample collection for further diagnosis contact tracing, active TB case findings and care of multi-Drug resistant Tuberculosis (MDR-TB).

**FACILITATED THE DEVELOPMENT AND REVIEWS OF VARIOUS NATIONAL DOCUMENTS FOR EFFECTIVE HUMAN RESOURCE FOR HEALTH MANAGEMENT**



## IMPROVING RETENTION AND PRODUCTIVITY OF PUBLIC SERVANTS

Local Government Authorities were technically facilitated in developing and implementing local incentive package.

13

REGIONS

BMF has contributed in facilitating Government adoption on the HR planning tool.

## TRAINING GOVERNMENT AUTHORITIES HEALTH MANAGERS

At least **4,500** local Government Authorities' health managers were trained, coached, and mentored on effective planning, supervision, and management of health workers. Likewise, officials from **23** districts have been reached and capacitated on effective planning and budgeting of their Council Health Plans and Facility Health Plans.

### Capacity Building

The foundation builds capacity RHMTs/ CHMTs and health facility staff on the implementation of Direct Health Facility Financing as per Government standards.

### Monitoring Accountability

BMF strengthened community-based monitoring for accountability through orientation of **1,196** Health Facility Governing Committees (HFGCs).

## OUTREACH

20+  
CSOs

BMF collaborates with CSOs and community-based organizations to strengthen community service delivery initiatives thus reaching more beneficiaries.



BMF is actively engaged in policy and advocacy work including being the Secretariat of the Non-State Actors-Health and active in nine (9) Ministry of Health-led Technical Working Groups including seven (7) COVID-19 Pillar Groups.

Technically supports the Government on in-country resource mobilization, including Grant's write ups.



## VOICES FROM THE FIELD

“Before the renovation of the dispensary in my village, women walked for long distances in search of better health services. It was normal to hear stories of women delivering children on their way to health facilities in the neighboring district of Bahi. Since the renovation, all the services are available at our Babayu health facility. The quality of health services has also improved since the project also deployed more health workers”.

**MZEE KANYAMALA**  
BABAYU RESIDENT

“In 2018, pregnant women who had attended four or more visits at the health facility was 44%. When Mkapa Foundation Project started implementing facility and community level initiatives in 2019, the number increased to 66%. In 2020 the number rose further to 73%. We also observed changes in facility delivery from 34% to 48% in 2019 and 52% in 2020”.

**TATU RASHIDI**  
DISTRICT COORDINATOR FOR  
REPRODUCTIVE AND CHILD HEALTH  
CHEMBA DC

“At Kilimanjaro International Airport (KIA) and Tarakea borders with Holili in Kenya to monitor travelers arriving in Tanzania, BMF has equipped and deployed skilled health workers as part of the response to the COVID-19 pandemic. The deployment has gone a long way into assisting the government in containing the spread of COVID-19”.

**JONAS MCHARO**  
ASSISTANT MEDICAL OFFICER  
KILIMANJARO REGION

“Had it not been Theresia’s persuasion, I am not sure I would have delivered my child at the health facility. I was 12 weeks pregnant and unwell when I met Theresia, a community health worker. She was on her regular visiting teaching maternal health education. Upon seeing my condition, Theresia advised me to attend an antenatal clinic, where my unborn child would be well monitored. It has been three weeks since I safely delivered my baby at Chambalo Dispensary. Theresia has become a family friend and continues to offer more health guidance”.

**ZAKIA IDDI RAMADHAN**  
BENEFICIARY  
CHAMBALO VILLAGE



**H.E. Benjamin W. Mkapa**  
1938 - 2020

“

I will leave it to my God  
and you to decide what  
difference I have made  
in this world...

## OUR PARTNERS

BMF extends its gratitude to the Government of the United Republic of Tanzania, the Revolutionary Government of Zanzibar, Development Partners, Private Sector, Parastatals, Academics, Research Institutes, Civil Society Organizations, Media and all friends who have partnered and supported us in the last 16 years.





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