



Government  
of Ireland  
International  
Development  
Programme



## DR. BARKE'S TRANSFORMATIVE IMPACT IN JUST 4 MONTHS AT IJITIMAI DISTRICT HOSPITAL



### HER FOOTPRINTS

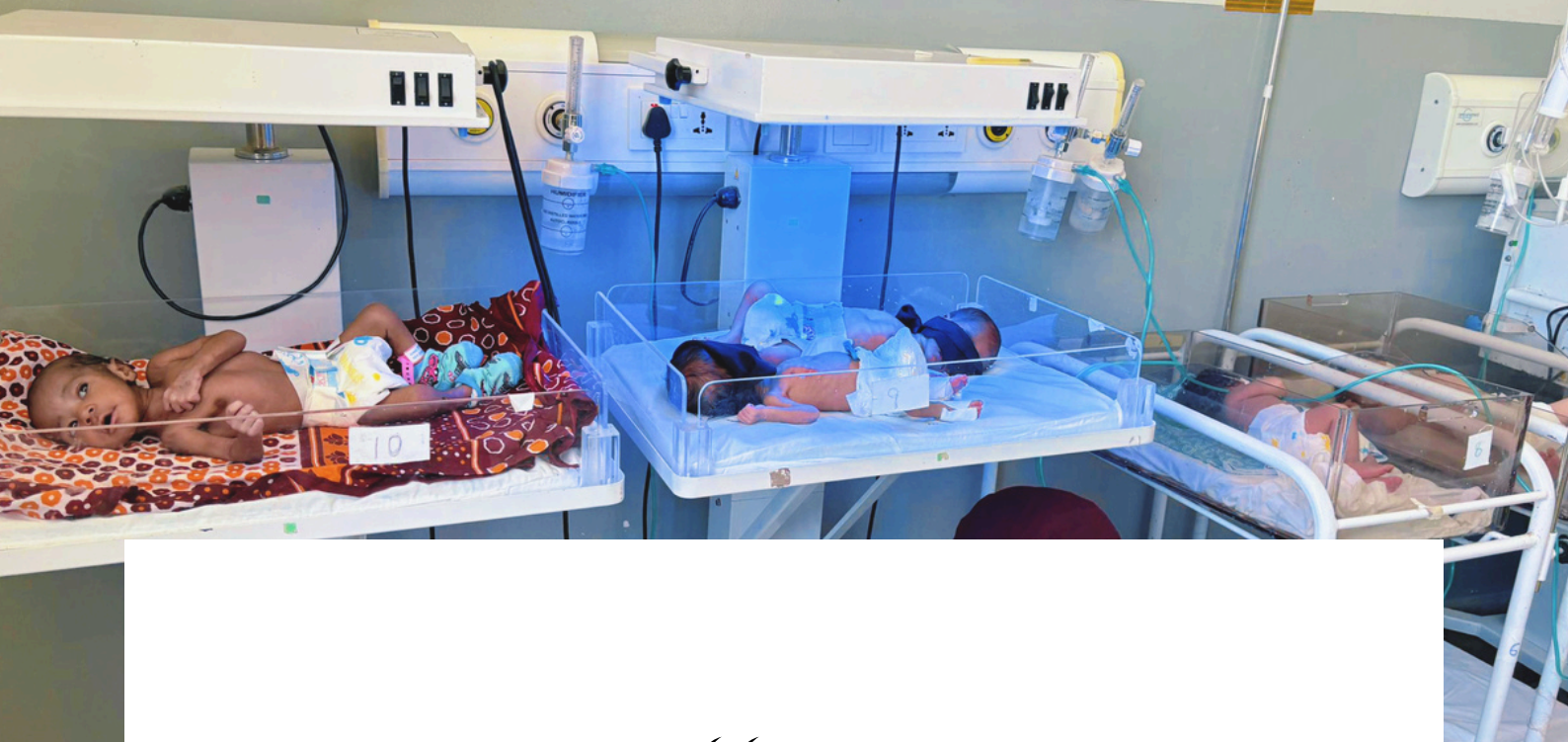
In early 2025, Dr. Barke arrived at Ijitimai District Hospital as part of the **Mkapa Fellow Program Phase V (MFP V)**. What she has achieved in just four months is nothing short of extraordinary, proving that when skilled professionals are placed where they're needed most, even a short time can yield lasting transformation.

### A Lifeline for Overburdened Staff

Before her deployment, Ijitimai District Hospital was grappling with a critical shortage of clinicians. The remaining staff were stretched thin, working long shifts that affected both their well-being and the quality of patient care. From the moment she joined, Dr. Barke became a vital part of the clinical team.

ANDA  
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KITANDI  
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## IN DR. BARKE'S WORDS



“

Taking on a full patient load in both inpatient and outpatient departments, I helped redistribute responsibilities.

My presence allowed the team to breathe again, reducing burnout, improving morale, and restoring focus on patient-centered care.

”





## REVIVING HOPE IN THE NEONATAL UNIT

Her most defining contribution has been the revitalization of the Neonatal Care Unit. Previously underserved, the unit lacked consistent medical leadership and clear care protocols.

Dr. Barke took full charge, introducing life-saving neonatal care standards, training nurses in resuscitation techniques, and strengthening infection control and thermal care practices. These efforts have already led to improved health outcomes for newborns, particularly for those with low birth weights and high-risk conditions. Her work has redefined what's possible for neonatal care at a district level.

# MORE THAN A DOCTOR, A CATALYST FOR CHANGE



## Four Months of Service. A Legacy of Impact.

Beyond her clinical contributions, Dr. Barke has become a pillar of mentorship and inspiration. Her compassionate leadership, commitment to excellence, and strong collaboration with nurses and hospital administrators have sparked a renewed spirit of dedication throughout the facility.

She embodies the core vision of MFP V: deploying committed, competent professionals to underserved areas to not only fill gaps but to drive systemic improvement.

In just a few months, Dr. Barke has lightened the load of exhausted healthcare workers, elevated the standard of newborn care, and ignited a culture of collaboration and quality at Ijitimai District Hospital

Her journey is a powerful testament to what the Mkapa Fellow Program stands for and a reminder that the right person, placed in the right community, can begin transforming lives from day one.